Here are a few suggestions on how to be a 'green visitor' when staying at Woodwick Mill.

Support us in our efforts to recycle – separate bins are provided for paper, plastic bottles, tins and glass. Please wash out bottles and tins and remove screw caps.

Use non-biological soap powder.

Watch the weather forecast and plan your laundry for dry weather - then you can use the whirly instead of the tumble dryer.

Think of walking, cycling or using public transport. Check the bus timetable in the apartment and plan your trip to use the bus instead of the car – then you can relax and enjoy the scenery.

Take re-usable carrier bags to the shops, avoid over-packaged goods.

Buy local produce and have tastier food. Use local products, they give you a flavour of the area and help support local communities. We are fortunate to have some fantastic producers of food, drink and arts and crafts. Check the Radio Orkney "What's On Diary" (https://soundcloud.co.uk/radio-orkney) for the Farmers' Markets and Craft Fairs.

Reduce energy by switching off lights and closing windows if heating is on.

Use water carefully by, for example, turning off the tap when brushing teeth.

Leave used towels in the bath and unused ones folded on the dressing table.

Rather than throwing away good food - leave it in the apartment and our team may be able to use it.

Please avoid putting sanitary pads or other objects down the toilet - we have provided a bin for these.

Help us to look after the landscape and wildlife by not littering, leaving gates as you find them and using footpaths and cycle-ways responsibly. Follow the Countryside Code http://www.outdooraccess-scotland.com.

Support businesses in Orkney working to reduce their carbon footprint through the Green Tourism Business Scheme. Businesses are awarded Bronze, Silver and Gold for their efforts to be more sustainable. See www.green-tourism.com .

Consider using Fair-Trade products such as tea, coffee, chocolate (sources are listed on our "Facilities" webpage).